



ANTI WRINKLE Post Care

DO NOT

- Rub or touch the treated area.
This includes; not having any facial treatments, laser or massages.
- Lie down for the next 4-6 hours as you may inadvertently affect the adjacent muscle.

AVOID

For the next 24 hours

- Strenuous exercise,
 - Exposure to any heat treatments - LED, sauna, steams,
 - Swimming & Tanning for 48 hours
- as it will make your treatment less effective.

PAIN RELIEF

- If you should require any pain medication it is recommended to take Paracetamol
- Avoid Blood thinning medicines such as ibuprofen, aspirin or diclofenac for the next 24 hours

Headaches can be a side effect and
Bruising can occur at the injection points,
these are normal & temporary so do not be alarmed.

Treatment usually takes 3-4 days to kick in
however please allow 2 weeks for final results
- a 2 week follow up is recommended

Any issues, call or message the
number provided post treatment